Remember 3 simple steps
to keeping safe online ......

ZIP IT

Keep your personal
stuff private and think
about what you say
and do online

BLOCK IT

Block people who
send nasty messages
and don't open
unknown links and
attachments

FLAG IT

Flag up with someone
you trust if anything
upsets you or if
someone asks to
meet you offline

P.S

IF YOU DON'T
LIKE IT TELL
SOMEBODY

Useful addresses:

www.thinkuknow.co.uk/parents
everything you wanted to know about all
things online but were too afraid to ask!!

www.beatbullying.org
lots of useful information and resources
for parents and children who want to
beat bullying

**www.schools.nsw.edu.au/news/
technology/index.php**
lots of information including online
demonstrations of how to do most things
online.

www.iwf.org.uk
report any illegal or obscene content to
Independent Watch Foundation

For further information about local and
National services for children and young
people visit **www.tameside-sid.org.uk**

**For further information / advice
contact your child's school.**

Tameside Safeguarding Children Board

Union Street
Hyde • Cheshire
SK14 1ND
Tel: 0161 342 4348

www.tamesidesafeguardingchildren.org.uk

Tameside Safeguarding
Children
Board

HOW TO STAY SAFE ON THE INTERNET

Remember 3 simple steps to keeping safe online........

help your child to..........

ZIP IT

BLOCK IT

FLAG IT

Information for
Tameside
Families

Zip it...

- "keep your personal stuff private and think about what you say and do online"
- "keep your password and username to yourself"
- "don't tell anyone on the computer any personal details" - such as mobile number, school name, date of birth, home address etc
- "people can bully you online as well so be careful" - don't send or share nasty emails or pictures about others
- "treat people the way you would like to be treated"
- "don't lie about your age" - most Social Network Sites have an age minimum of 13
- If you are old enough make sure your account is set as 'private' - this way only your friends can see your photos etc
- "always ask a grown up before downloading something"

"Be safe on the internet first then have fun and enjoy"

Block it...

- "Block people who send you nasty messages and don't open unknown links and attachments"
- "don't pass on chain emails and never believe what they say"
- "Don't accept emails from people you don't know"
- "block the person who sent it so they can never send anything to you again" - report the number or email address to the service provider / online moderator
- Save a copy of any nasty text etc as evidence

Flag it...

- "Flag up with someone you trust if anything upsets you or if someone asks to meet you offline"
- "if you don't like what's going on—tell someone" - like a parent or an adult you trust such as a teacher or sports coach
- If you have arranged to meet somebody who you have only every talked to online **always take an adult with you**—they could have lied about who they really are
- If you can't talk to somebody face to face use the online 'report abuse button' found on many sites or at www.ceop.gov.uk/reportabuse
- Phone Childline **0800 11 11**